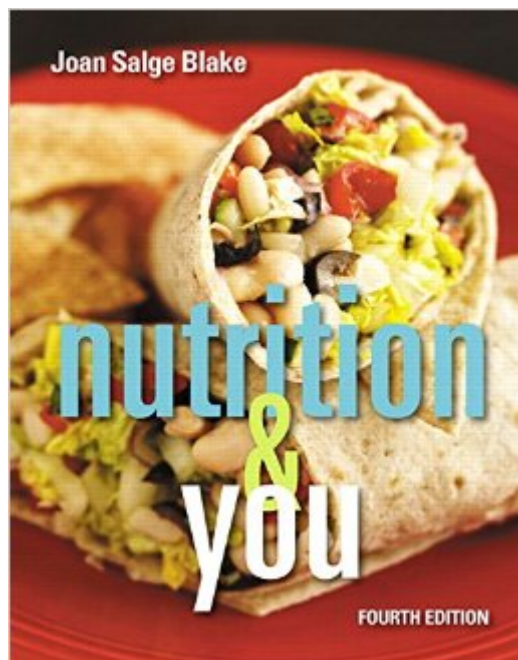


The book was found

# **Nutrition & You Plus MasteringNutrition With MyDietAnalysis With Pearson EText--Access Card Package (4th Edition)**



## Synopsis

NOTE: Before purchasing, check with your instructor to ensure you select the correct ISBN. Several versions of Pearson's MyLab & Mastering products exist for each title, and registrations are not transferable. To register for and use Pearson's MyLab & Mastering products, you may also need a Course ID, which your instructor will provide. ^ Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies other than Pearson, the access codes for Pearson's MyLab & Mastering products may not be included, may be incorrect, or may be previously redeemed. Check with the seller before completing your purchase. ^ A visual approach to Introduction to Nutrition for Non-Majors. This package includes MasteringNutrition ^ with MyDietAnalysis ^ . ^ Guide students to a deeper understanding of nutrition The Fourth Edition of Nutrition & You provides students with a personalized approach to understanding nutrition and teaches them to become informed consumers of nutrition information through interactive lessons, practical applications, and visual study tools. Joan Salge Blake writes in a very engaging style, addressing the student directly, using visual analogies in order to explain concepts, and captivating students with humor. Blake encourages students to think critically and relate the science of nutrition to their own dietary habits, enabling them to separate fact from fiction and to distinguish high-quality nutrient sources from those of lesser quality. ^ New additions to the Fourth Edition include a clearly defined learning path with the inclusion of learning outcomes throughout the chapter, cutting-edge content on the latest dietary guidelines and Nutrition Facts Panel, along with food waste and sustainability, making the text relevant and interesting for today's students. Visual Chapter Summary learning objectives, a newly revised suite of Nutrition animations, mobile-accessible and improved NutriTools, new Health Connections case studies, and new author-narrated Focus Figure walkthroughs have all been added to help students learn more effectively. Personalize learning with MasteringNutrition MasteringNutrition is an online homework, tutorial, and assessment program designed to work with this text to engage students and improve results. Interactive, self-paced tutorials provide individualized coaching to help students stay on track. With a wide range of activities available, students can actively learn, understand, and retain even the most difficult concepts. ^ 013416749X / 9780134167497 Nutrition & You Plus MasteringNutrition with MyDietAnalysis with Pearson eText--Access Card Package, 4/e ^ Package consists of: ^ ^ 0134167546 / 9780134167541 Nutrition & You 0134209389/ 9780134209388 MasteringNutrition plus MyDietAnalysis with Pearson eText -- ValuePack Access Card -- for Nutrition & You ^

## Book Information

Paperback: 750 pages

Publisher: Pearson; 4 edition (January 21, 2016)

Language: English

ISBN-10: 013416749X

ISBN-13: 978-0134167497

Product Dimensions: 8.4 x 1 x 10.7 inches

Shipping Weight: 3.2 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars Â Â See all reviews Â (1 customer review)

Best Sellers Rank: #211,008 in Books (See Top 100 in Books) #247 in Â Books > Education & Teaching > Schools & Teaching > Instruction Methods > Science & Technology #1722 in Â Books > Health, Fitness & Dieting > Nutrition #5577 in Â Books > Textbooks > Education

## Customer Reviews

I didn't like the textbook version because it was so colorful and distracting. The linear pared down version of the eText is so much better. There's not all kinds of distracting boxes and pictures everywhere. It's all in a linear format so you come across it more naturally when you read.

[Download to continue reading...](#)

Nutrition & You Plus MasteringNutrition with MyDietAnalysis with Pearson eText--Access Card Package (4th Edition) On Baking (Update) Plus MyCulinaryLab with Pearson eText -- Access Card Package (3rd Edition) Problem Solving with C++ plus MyProgrammingLab with Pearson eText--Access Card Package (9th Edition) Action Research Plus Video-Enhanced Pearson eText -- Access Card Package (5th Edition) College Algebra with Modeling & Visualization plus NEW MyMathLab with Pearson eText -- Access Card Package (5th Edition) (Rockswold Series) Intermediate Algebra: Functions & Authentic Applications Plus NEW MyMathLab w/ Pearson eText-- Access Card Package (5th Edition) Intermediate Algebra, Books a la Carte plus NEW MyMathLab with Pearson eText-- Access Card Package (7th Edition) Linear Algebra and Its Applications plus New MyMathLab with Pearson eText -- Access Card Package (5th Edition) (Featured Titles for Linear Algebra (Introductory)) Precalculus plus NEW MyMathLab with Pearson eText -- Access Card Package (5th Edition) (Blitzer Precalculus Series) Starting Out with Java: From Control Structures through Objects plus MyProgrammingLab with Pearson eText -- Access Card Package (5th Edition) Chemistry: A Molecular Approach, Books a la Carte Plus MasteringChemistry with eText -- Access Card Package (4th Edition) Chemistry: A Molecular Approach Plus MasteringChemistry with eText -- Access Card Package (4th Edition) (New Chemistry Titles from Niva Tro) Integrating Educational

Technology into Teaching, Enhanced Pearson eText with Loose-Leaf Version -- Access Card Package (7th Edition) Fundamentals of Early Childhood Education with Enhanced Pearson eText -- Access Card Package (8th Edition) (What's New in Early Childhood Education) Child Development and Education, Enhanced Pearson eText with Loose-Leaf Version -- Access Card Package (6th Edition) Educational Research: Planning, Conducting, and Evaluating Quantitative and Qualitative Research, Enhanced Pearson eText with Loose-Leaf Version -- Access Card Package (5th Edition) Qualitative Reading Inventory-6, with Enhanced Pearson eText -- Access Card Package (6th Edition) (What's New in Literacy) Creating Literacy Instruction for All Students, Enhanced Pearson eText with Loose-Leaf Version -- Access Card Package (9th Edition) Teaching Science Through Inquiry and Investigation, Enhanced Pearson eText with Loose-Leaf Version -- Access Card Package (12th Edition) CJ 2015, Student Value Edition with MyCJLab with Pearson eText -- Access Card Package (Justice)

[Dmca](#)